

### Short-Term and Long-Term Disability

### State of Tennessee

Insuring Your Income. Protecting Your Financial Security.







### Disability Insurance – State





# WHY IS DISABILITY INCOME INSURANCE SO IMPORTANT?



Replaces a percentage of income lost due to sickness, pregnancy or accidental injury



Helps you to **cover your essential living expenses** if you are sick or hurt and cannot work. An example of expenses are car payments, mortgage payments, groceries, childcare, tuition and more.



**Short-Term Disability** insurance replaces a portion of your income during disability for up to 26 weeks.



**Long-Term Disability** insurance replaces a portion of your income for disabilities that last for an extended period of time.



## IS DISABILITY INSURANCE RIGHT FOR ME?

#### Disability insurance might be right for you if you:

- Have little or no annual or sick leave saved up
- Don't have much in the way of savings or an emergency fund
- Take part in high-risk activities

NOTE: You must use all of your accumulated leave (sick, annual and comp time) before your disability payments begin.

#### How do I apply for coverage?

- Apply online in Edison ESS. Be sure to apply during your Annual Enrollment period (Oct 1 Oct 14, 2022). Deadline is October 14 at 4:30 p.m. Central Time.
- You must apply during the 2023 Annual Enrollment period. A full Statement of Health form is required for all new applicants and current participants who wish to increase coverage.
- Once you apply, MetLife will mail you the full Statement of Health form. The SOH can also be found online at tn.gov/PartnersForHealth or metlife.com/StateOfTN. Your completed application must be emailed or mailed to MetLife with a postmark no later than November 15th.

#### How do I pay for coverage?

Coverage is paid through payroll deductions.



# SHORT-TERM DISABILITY PLAN HIGHLIGHTS

	Option A Option B					
Eligibility	All employees working not less than 30 hours/week; seasonal employees hired prior to July 1, 2015, with 24 months of service and certified by their appointing authority to work at least 1,450 hours per fiscal year (July-June); or deemed eligible by applicable federal law, state law, or action of the State Insurance Committee.					
% of Gross Annual Base Salary <sup>1</sup> Paid Weekly	60% of salary paid weekly					
Maximum Weekly Benefit	Up to \$2,500					
Minimum Weekly Benefit <sup>2</sup>	\$25					
Elimination Period	14 calendar days 30 calendar days					
Maximum Benefit Period	26 weeks					
Evidence of Insurability (EOI) <sup>3</sup>	Guaranteed Issue (no health questions asked) for New Hires who enroll within 30 days of eligibility date.  A full Statement of Health is required for all new applicants and for current participants electing a higher plan of benefit during the 2023 Annual Enrollment period.					
Pre-Existing Condition <sup>4</sup>	None					

<sup>1</sup> For 2023 Annual Enrollment period, annual salary will be based on your salary as of September 1, 2022. Coverage, if approved by MetLife, will be effective January 1, 2023. If additional medical review is required, your effective date could be later than January 1, 2023.

<sup>4</sup> Pre-existing Condition means a Sickness or accidental injury for which you: 1) received medical treatment, consultation, care or services; or took prescribed medication or had medications prescribed; in the 3 months before Your insurance under the certificate takes effect.



<sup>2</sup> The Minimum Monthly Benefit will not apply if you are receiving 100% of Your Predisability Salary under the Policyholder's paid leave policy, which includes annual, sick and comp time.

<sup>3</sup> MetLife will review your information and evaluate your request for coverage based upon your answers to the health questions, MetLife's underwriting rules and other information you authorize us to review. In certain cases, MetLife may request additional information to evaluate

# SHORT-TERM DISABILITY PLAN RATES

#### **SHORT-TERM DISABILITY RATES**

STD COST: PER \$100 OF MEMBER'S COVERED MONTHLY SALARY					
Option A: 60%, 14 day elimination period	\$0.41				
Option B: 60%, 30 day elimination period	\$0.33				

#### **CALCULATE YOUR MONTHLY PREMIUM FOR SHORT-TERM DISABILITY**

For this example, we're using an employee with a salary of \$45,000 annually, selecting Option A

STEPS	EXAMPLE		
1. Determine your Covered Monthly Salary (Annual Salary¹ divided by 12.)	\$45,000 ÷ 12 = <b>\$3,750</b>		
If your Annual Salary exceeds \$216,666.84 enter \$18,055.57 as your Covered Monthly Salary. <sup>2</sup>	ψ 10,000 : 12 = <b>ψ0,100</b>		
2. Divide Covered Monthly Salary by \$100 to get your per \$100 of Covered Monthly Salary	\$3,750÷ 100 = <b>\$37.50</b>		
3. Calculate your approximate monthly premium (Multiply your per \$100 of Covered Monthly Salary by the appropriate cost from the chart above based on Option elected)	\$37.50 x \$0.41 = <b>\$15.38</b>		

<sup>&</sup>lt;sup>1</sup> Annual salary is based on your salary as of September 1, effective October 1. See FAQs for new hire and annual adjustment information.

<sup>&</sup>lt;sup>2</sup> The amount of STD benefit may not exceed the Maximum Weekly Benefit established under the plan of \$2,500 regardless of your annual salary amount. Therefore, the maximum covered monthly salary eligible for benefit is \$18,055.57, or \$216,666.84 annually. This will be the same for Option A or B



### SHORT-TERM DISABILITY - EXAMPLES

### Payable Benefit Period Calculation – Short-Term Disability Examples

- 1. <u>Disability Period</u> The period of time the member is deemed disabled per the plan definition. The disability period begins on the first day of disability and includes the elimination period and the benefit period. The disability period ends the day before returning to work or the end of the approved disability period, whichever occurs first. The Disability Period is calendar day based.
- 2. <u>Elimination Period</u> The portion of the disability period during which the Short-Term Disability plan does not pay benefits. The elimination period begins on the first day of disability and continues for the consecutive 14 or 30 calendar-day period of time outlined in the plan in which the member is enrolled. Elimination Period is calendar day based.
- 3. <u>Benefit Period</u> The portion of the disability period during which benefits may be payable. The benefit period starts on the calendar day after the elimination period has been satisfied and extends for the length of time approved by MetLife for the member's specific disability, not to exceed the maximum benefit period of 26 calendar weeks.
- Accrued Paid Leave The amount of paid time off the member has accrued with his or her employer. This includes annual leave, sick leave, and compensatory time. Use of accrued paid leave begins on the date of disability and runs concurrently with both the elimination period and disability period. All accrued paid leave must be used before disability benefit payments may begin. Accrued leave is work day/work hour based.
- 5. <u>Payable Benefit Period</u> The period of time the member may be paid after the elimination period has been satisfied and all accrued paid leave has been used.

#### To determine the benefit period payable by the STD plan:

Disability Period minus Elimination Period = Benefit Period

Benefit Period minus Accrued Paid Leave after Elimination Period = Pavable Benefit Period



# Condition A – requires six weeks to recover

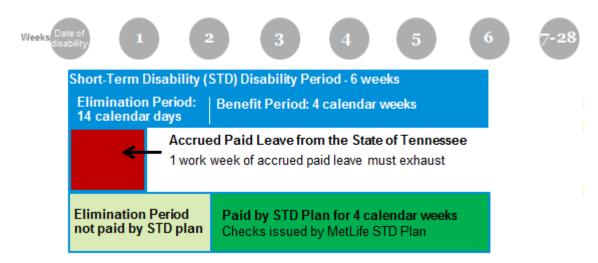
#### Short-Term Disability Timeline – Plan Option A

#### **Situation Scenario:**

- Member's approved Disability Period = 6 weeks
- Member's Accrued Paid Leave = 1 week
- Elimination Period = 14 calendar days
- Member Payable Benefit Period = 4 weeks

#### Payment details:

- 1 week Accrued Paid Leave from the State of TN
- 4 weeks STD pay from the STD plan with MetLife
- Member will have 1 week during the Elimination Period that is not paid by the State of TN or the STD plan with MetLife



NOTE: The Maximum Benefit Period Duration for STD is 26 Weeks. However, each disability is different so not all disabilities will result in the full 26 week benefit period being approved. These examples are for illustrative purposes only. Every disability may be different.

Accrued leave is per work day and is hourly based. Accrued leave varies by individual. Elimination Period is calendar day based.

Benefits payable during the payable benefit period may be reduced by other sources of income, e.g. worker's compensation, unemployment insurance, and sick leave bank. See the STD certificate of coverage for Higher Ed and State employees for a comprehensive list of other sources of income which may reduce the STD benefit.



# Condition B – requires 30 weeks to recover

#### Short-Term Disability Timeline – Plan Option B

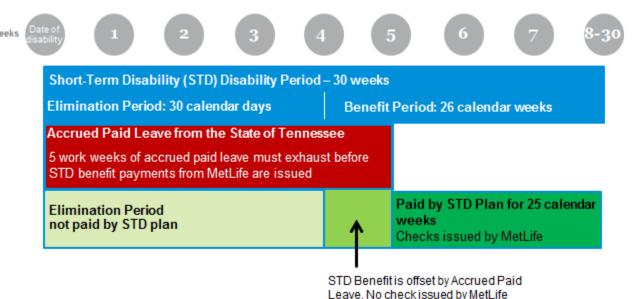
#### Situation Scenario:

- Member's approved Disability Period = 30 weeks
- Member's Accrued Paid Leave = 5 weeks
- Elimination Period = 30 calendar days

Member Payable Benefit Period = 25 calendar weeks

#### **Payment details:**

- 5 week Accrued Paid Leave from the State of TN
- 25 weeks STD pay from the STD plan with MetLife



NOTE: The Maximum Benefit Period Duration for STD is 26 Weeks. However, each disability is different so not all disabilities will result in the full 26 week benefit period being approved. These examples are for illustrative purposes only. Every disability may be different.

Accrued leave is per work day and is hourly based. Accrued leave varies by individual. Elimination Period is calendar day based.

Benefits payable during the payable benefit period may be reduced by other sources of income, e.g. worker's compensation, unemployment insurance, and sick leave bank. See the STD certificate of coverage for Higher Ed and State employees for a comprehensive list of other sources of income which may reduce the STD benefit.

### SHORT-TERM DISABILITY – PREGNANCY FAQ'S

#### Frequently Asked Questions about disability benefits due to pregnancy

### Is there a difference in the amount of disability time allowed for a cesarean delivery versus a normal delivery? Generally:

- •Normal vaginal delivery disability period is six weeks from date of delivery, and
- •Cesarean delivery disability period is eight weeks from date of delivery.

#### Can I receive disability benefits for any period of time prior to my expected date of delivery (prepartum)?

In many cases, women are able to work up until their delivery. However, there are times when problems may arise and there is a need to take an early maternity leave. Ante-partum time (prior to delivery) of up to two weeks is allowed without requiring medical documentation. However, if your first day absent is more than two weeks before delivery, then medical documentation must be sent to MetLife.

#### What if I have problems with my pregnancy and need to be out of work earlier or longer than expected?

You should start a claim for disability. MetLife will notify your doctor and request medical information to evaluate your disability. MetLife will use the medical information to make a claim decision.

#### When are benefits payable?

The benefit period will begin the day after you satisfy the elimination period of either 14 or 30 calendar days. However, benefits are only payable after all accrued paid leave (annual, sick leave and comp time) has been exhausted.

#### When should I file my disability claim?

Typically, you should file your claim on the last day worked. However, you should <u>check your employer's plan documents</u> and the <u>FAQs</u> on the MetLife Disability website for more information: <a href="https://metlife.com/StateofTN">https://metlife.com/StateofTN</a>

#### How do I file my disability claim?

MetLife offers claim filing through the internet, via telephone, or paper. However, you should check your employer's plan documents and the FAQs on the MetLife Disability website for more information: <a href="https://metlife.com/StateofTN">https://metlife.com/StateofTN</a>

#### How will I know when a decision about my claim has been made?

A MetLife case manager will call you and provide a letter outlining the claim decision.

#### What information does my doctor need to provide to MetLife for my disability?

Your doctor will need to confirm your pregnancy and provide dates (due/delivery date). The doctor will also need to advise if there is anything else that the case manager should be aware of to assist with the handling of your disability claim.



### SHORT-TERM DISABILITY - PREGNANCY FAQ'S

#### Frequently Asked Questions about disability benefits due to pregnancy (Continued)

What are some example disability claims due to pregnancy? (For illustrative purposes only.)

#### Note:

Disability Period minus Elimination Period = **Benefit Period**Benefit period minus Accrued Leave = **Payable Benefit Period** 

#### Normal Delivery with no pre or post time disabled & 14 Day Elimination Period:

Disability Period = 6 weeks

Elimination Period = 2 weeks (14 calendar days)

Benefit Period = 4 weeks

Accrued Leave = 1 week (5 work days)

Payable Benefit Period = 3 weeks

#### Cesarean Delivery with no pre or post time disabled & 30 Day Elimination Period:

Disability Period = 8 weeks

Elimination Period = 4 weeks (30 calendar days)

Benefit Period = 4 weeks

Accrued Leave = 1 week (5 work days)

Payable Benefit Period = 3 weeks

#### Normal Delivery with 2 weeks ante-partum time and 2 weeks post complications & 14 day Elimination Period:

Disability Period = 10 weeks (6+2+2) Elimination Period = 2 weeks (14 days)

Benefit Period = 8 weeks Accrued Leave = 1 week Payable Benefit Period = 7 weeks

(Every disability may be different. Accrued leave is per work day and is hourly based. Accrued leave varies by individual. Elimination Period is calendar day based and is either 14 or 30 calendar days.)

What type of benefit does MetLife manage for State of TN employees who are pregnant?

MetLife manages short-term disability benefits for all State of TN employees, including employees who are unable to perform their job for the State of TN due to child-delivery or pregnancy complications. Please note that MetLife does not manage any maternity leaves or parental leaves for the State of TN.

For more information about a claim or benefits, contact MetLife at 855-700-8001, Monday - Friday, 7 am to 10 pm, Central Time



# LONG-TERM DISABILITY PLAN HIGHLIGHTS

	Option 1	Option 2	Option 3	Option 4			
Eligibility	All employees working not less than 30 hours/week; seasonal employees hired prior to July 1, 2015, with 24 months of service and certified by their appointing authority to work at least 1,450 hours per fiscal year (July-June); or deemed eligible by applicable federal law, state law, or action of the State Insurance Committee.						
% of Gross Annual Base Salary <sup>1</sup> Paid Monthly	60% of sa	lary paid monthly	63% of salary paid monthly				
Maximum Monthly Benefit		,500 per month Il salary of \$150,000)	Up to \$10,000 per month (covers annual salary of \$190,476.24)				
Minimum Monthly Benefit	Greater of 10% of benefit or \$100 per month						
Elimination Period	90 calendar days	180 calendar days	180 calendar days 90 calendar days				
Own Occupation	24 months	24 months	36 months	36 months			
Maximum Benefit Period	Disabled prior to Age 65, benefits end at Social Security Normal Retirement Age. Disabled at Age 65, benefits end after 24 months; Age 66, 21 months; Age 67, 18 months; Age 68, 15 months; age 69+, after 12 months						
Evidence of Insurability (EOI) <sup>3</sup>	Guaranteed Issue (no health questions asked) for New Hires who enroll within 30 days of eligibility date. A full Statement of Health is required for all new applicants and for current participants electing a higher plan of benefit during the 2023 Annual Enrollment period.						
Pre-Existing Condition <sup>4</sup>	3 months prior to effective date and 12 months from effective date						

<sup>1</sup> For 2023 Annual Enrollment period, annual salary will be based on your salary as of September 1, 2022. Coverage, if approved by MetLife, will be effective January 1, 2023 If additional medical review is required, your effective date could be later than January 1, 2023.

<sup>4</sup> Pre-existing Condition means a Sickness or accidental injury for which you: 1) received medical treatment, consultation, care or services; or took prescribed medication or had medications prescribed; in the 3 months before Your insurance under the certificate takes effect.



<sup>2</sup> The Minimum Monthly Benefit will not apply if you are receiving 100% of Your Predisability Salary under the Policyholder's paid leave policy, which includes annual, sick and comp time.

<sup>3</sup> MetLife will review your information and evaluate your request for coverage based upon your answers to the health questions, MetLife's underwriting rules and other information you authorize us to review. In certain cases, MetLife may request additional information to evaluate your request for coverage.

### LONG-TERM DISABILITY PLAN RATES

LTD: EMPLOYEE'S AGE (PER \$100 OF COVERED MONTHLY SALARY) AS OF SEPTEMBER 1 OF CURRENT YEAR							YEAR			
	Under 30	30-34	35-39	40-44	45-49	50-54	55-59	60-64	65-69	70+
Option 1, 60%, 90 day elimination period	\$0.12	\$0.12	\$0.23	\$0.34	\$0.43	\$0.53	\$0.63	\$0.84	\$0.56	\$0.56
Option 2, 60%, 180 day elimination period	\$0.09	\$0.09	\$0.18	\$0.27	\$0.34	\$0.42	\$0.50	\$0.66	\$0.44	\$0.44
Option 3, 63%, 90 day elimination period	\$0.14	\$0.14	\$0.28	\$0.42	\$0.53	\$0.65	\$0.77	\$1.03	\$0.68	\$0.68
Option 4, 63%, 180 day elimination period	\$0.11	\$0.11	\$0.23	\$0.33	\$0.42	\$0.51	\$0.61	\$0.81	\$0.54	\$0.54

#### CALCULATE YOUR MONTHLY PREMIUM FOR LONG-TERM DISABILITY

For this example, we're using a 52-year-old employee's salary of \$45,000 annually, selecting Option 3

STEPS	EXAMPLE		
1. Determine your Covered Monthly Salary (Annual Salary <sup>1</sup> divided by 12.)			
For Option 1&2, if your Annual Salary exceeds \$150,000, enter \$12,500. For Option 3&4, if your Annual Salary exceeds \$190,476.24, enter \$15,873.02 <sup>2</sup>	\$45,000 ÷ 12 = <b>\$3,750</b>		
2. Divide Covered Monthly Salary by \$100 to get your per \$100 of Covered Monthly Salary	\$3,750 ÷ 100 = <b>\$37.50</b>		
3. Look up applicable cost, from the chart above, based on Option elected and your age as of September 1 of current year	\$1.12		
<b>4. Calculate your approximate Monthly Premium</b> (Per \$100 of coverage from Step 2 <b>x</b> Rate found on table above, from Step 3 for a 52-year-old employee selecting Option 3.)	\$37.50 x \$0.65 = <b>\$24.38</b>		

<sup>&</sup>lt;sup>1</sup> Annual salary is based on your salary as of September 1, effective October 1. See FAQs for new hire and annual adjustment information.



<sup>&</sup>lt;sup>2</sup> The amount of LTD benefit may not exceed the Maximum Monthly Benefit established under the plan of \$7,500 for Options 1 or 2, or \$10,000 for Options 3 or 4, regardless of your annual salary amount. Therefore, if you select Option 1 or 2, the maximum covered monthly salary eligible for benefit is \$12,500, or \$150,000 annually. If you select Option 3 or 4, the maximum covered monthly salary eligible for benefit is \$15,873.02, or \$190,476.24 annually.

# IT'S EASY TO TAKE THE FIRST STEP

Enroll online in Edison ESS, with a full Statement of Health during your enrollment period, October 1 – October 14, 2022

Once enrolled in Edison ESS, the following changes have been made for 2022 Annual Enrollment

- The State of TN will send a daily email to MetLife with Disability plan enrollments. This will speed up the process for applicants to receive their application to submit by 11/15/2022.
- The deadline to submit the complete application has been moved back to 11/15/2022 whereas it was 11/6 last year.
- MetLife will be posting the SOH application at the following links on our Microsite as well.

#### State SOH Application

• The State of TN will be sending out an email notifications throughout Annual Enrollment to those that enrolled for 2023 benefits. The notification will explain that a SOH application either has or will be mailed to the person's mailing address in Edison. It will advise the application will be to be completed and sent back to MetLife to be reviewed. It will also include the direct links (same as above) to the application posted on the microsite.

MetLife will send an SOH decision letter to employee; Disability enrollment confirmation will be provided by the State

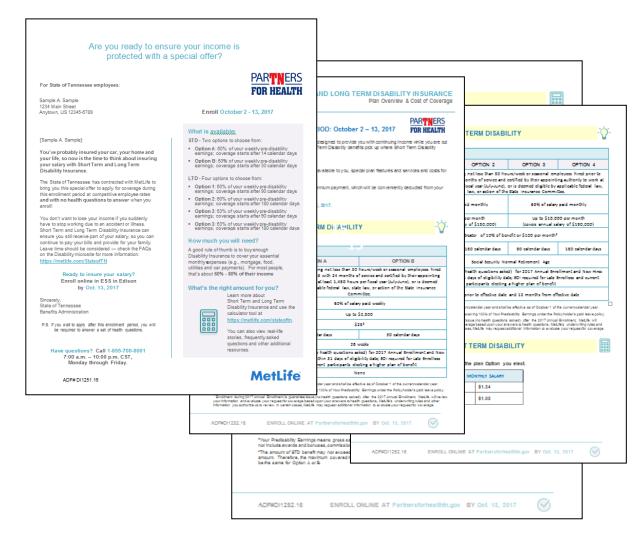
Effective Date – January 1, 2023. If additional medical review is required, your effective date could be later than January 1, 2023.

For questions and additional information, please call MetLife's State of Tennessee service line at 1-855-700-8001 (7am-10pm CT, Mon – Fri) or visit https://metlife.com/StateofTN

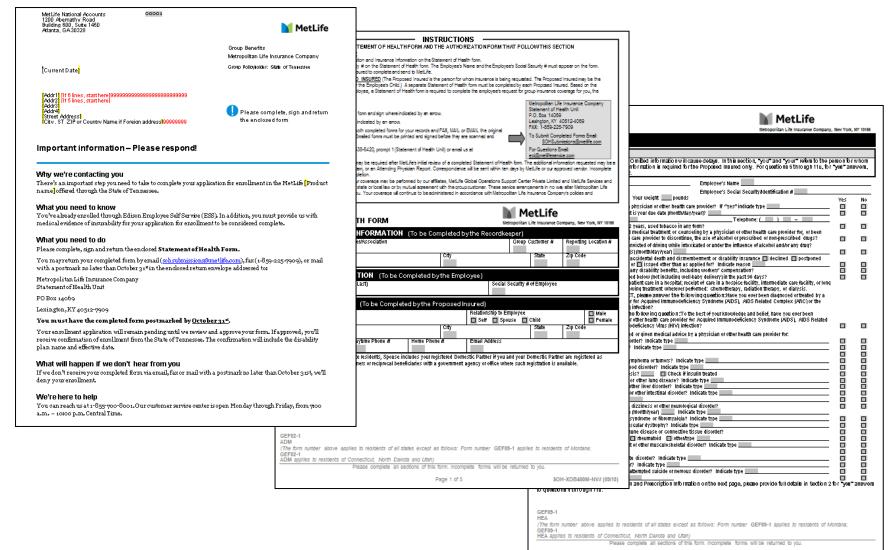
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# **Employee Communications**

#### Sample Enrollment Information Packet

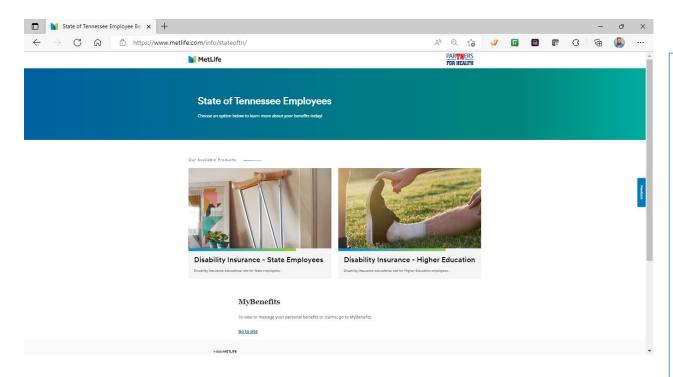


# Statement of Health Form



# Resources

Online tools and educational materials can be found on the State of TN microsite <a href="https://metlife.com/StateofTN">https://metlife.com/StateofTN</a>. A link to the splash page can be found on the disability page on the ParTNers For Health website, too.



The microsite acts as a repository for employees to access all disability related materials. Plan overviews, case studies, FAQs, rates and calculator, coordination with accrued leave and Sick Leave Bank, how to file a claim, Enrollment Information Packet, etc.

For questions and additional information, please call MetLife's State of Tennessee service line at 1-855-700-8001 (7am-10pm CT, Mon – Fri)



# HOW TO FILE A CLAIM

#### How to file a claim...

- Call the MetLife Claims Center at the dedicated number: 1-855-700-8001
- The Claims Center is available
   7:00 am 10:00 pm CT, Monday Friday
- You can also file on claim online
   at <a href="https://mybenefits.metlife.com/MyBenefits">https://mybenefits.metlife.com/MyBenefits</a>
- You can file a Paper Claim by downloading a form from <a href="https://mybenefits.metlife.com/MyBenefits.">https://mybenefits.metlife.com/MyBenefits.</a>
  Send your completed claim form to the MetLife Claim's office address and / or fax number below.:

Metropolitan Insurance Company PO Box 14590 Lexington, KY 40512

Fax: 1-800-230-9531

 You can track the status of your claim online or on the MetLife US App. Search "MetLife" on iTunes® App Store or Google Play to download the app.

# Information we may need from the member...

- **Personal Information** name, address, telephone number, Social Security number, Employee Identification Number and job title.
- Job Information workplace location and address, work schedule, supervisor's name and telephone number, and date of hire
- Sickness/Injury Information last day worked, nature of the illness/absence, how, when, and where the injury occurred, when the disability commenced and actual or approximate date you anticipate returning to work (if known).
- Treatment provider information Name, address, telephone number, and fax number for each treating Health Care Provider.
- Authorization to Release Your Medical Information - the release of your medical information to MetLife may be required. You should inform your Health Care Provider(s) that MetLife will be administering your claim or leave and that you authorize the release of your medical information to the MetLife claims office.





